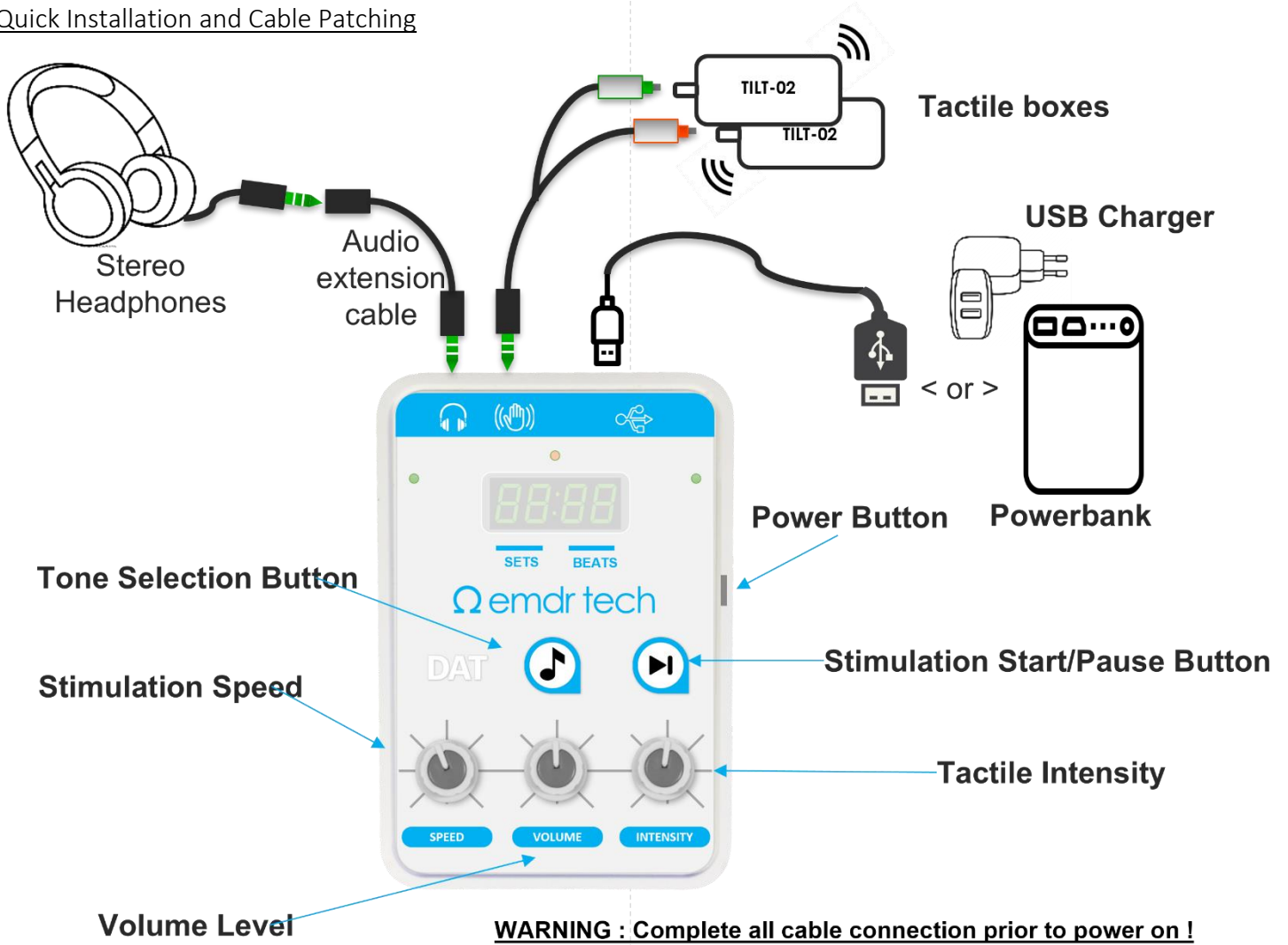


## Quick Installation and Cable Patching

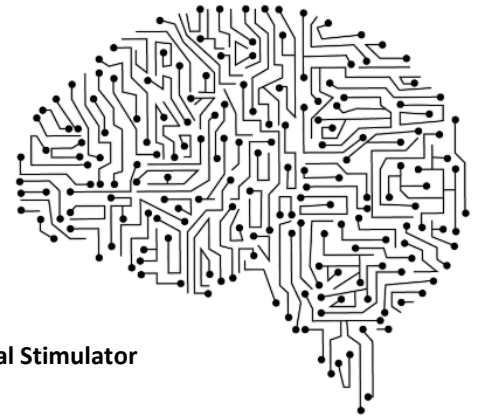


## Set Contents

1. DAT audio & tactile BLS device (\*) (1 pcs)
2. TILT02, tactile boxes with green LED (2 pcs)
3. Stereo Headphones, 1m cable (1 pcs)
4. Cables :
  - o AUXAudio Extension Cable, 1.5m (1 pcs)
  - o Tactile boxes Cable, 2.5m (1 pcs)
5. USB Charger with micro USB cable
6. PowerBank (1 pcs)
7. User Manual EN (1 pcs)
8. Warranty Certificate (your product sales invoice)

## DAT

**Audio & Tactile**  
Alternating Bilateral Stimulator



## English User Manual

DAT rev. 20230130

*This product is suitable for use as an assistant device by trained and certified EMDR therapists.*

*Not intended for personal use.*

# Usage Instructions

## Functional Description

DAT is a simple "speed modulated metronome" device that produces bilateral, alternating, frequency (speed) adjustable, audio and tactiles through peripherals (stereo headsets and tactile boxes).

## Setup

After providing the cable connections described in the diagram, the EMDR therapist allows the Client to wear the headset in such a way that it is in the same direction as the illuminated excitation and to hold the tactile boxes separately in the same way. The device can be operated by the Clinician following the instructions below

## Power Supply Connection

The device can be powered from the micro-USB connection via a USB Charger or charged Powerbank connection. After the power connection is made, the device is turned on from the on/off switch to the right of the device box. The powered device will perform the first startup operations and will start the stimulation by going into the active state. At this stage, it is recommended that the specialist make the speed adjustment in accordance with the therapy protocol.

## Stimulation Speed (Frequency Adjustment)

By turning the "Speed" knob of the device (BLS), the excitation speed can be increased or decreased. This setting regulates the right/left channel round-trip speed of the simultaneous sound and tactile functions. The expert should observe the blinking speed of the LEDs indicating the excitation activity on the device and make the appropriate adjustment.

## Volume Level

The level of the sound (196Hz / G3) to be heard through the headphones will be adjusted using the "Volume" knob (-/+). The appropriateness of the sound level should be confirmed by the Client.

## Tone (Tone)

The sound tone heard through the headphones can be changed by pressing this button repetitively. Until the desired tone has been selected.

## Tactile Intensity

The vibration intensity of the tactile boxes to be held by the Client during therapy can be adjusted using the "Intensity" knob. For the most effective utilisation, it is recommended that the handles be held lightly by the Client with their fingertips.

## Stimulation Start/ Pause

After the device is connected to the power supply, the timer and stimulation can be started by pressing the "Start/Pause" button. The same button is pressed once again to pause the stimulation. To re-start stimulation same button must be pressed. And so on...

## Counter Reset (Reset)

The digital counter provide information about the total number of "sets" and "beats" completed. The left most two digits shows the total number of "sets" completed. While the right most two digits counts the beats during the stimulation. When stimulation is re-starting the Sets number increase by one and the "beats" digits start counting the repetitions.

When the "Start/Pause" and "Tone Selection" buttons on the device are pressed simultaneously, all counters will be reset.

*For frequently asked questions and the most up-to-date version of this document, please visit our website and social media accounts.*

**Important Notice !** When the device is not in actively used, It is recommended to turn it off and to remove the power connection.

## Other

[service@emdrtech.com](mailto:service@emdrtech.com)



@emdrtech

## Malfunctions

In case you are experiencing any problems with your device, first consult [the](#) [Frequently Asked Questions] section on the [Support] page at our [www.emdrtech.com](http://www.emdrtech.com) website. For any unsolved issues, questions and uncertainties, do not hesitate to contact us via the [Service Contact] form on the same page.

## Responsibility

This device is designed to support trained and certified EMDR therapists during therapies. The practicing specialist is always responsible for the outcome of the therapy. The developer or seller of your device cannot be held responsible for complaints about the use of the device, the results of the treatment, or any complaints from the Client. For more detailed information on the terms and conditions, please visit the [Support] page on our [www.emdrtech.com](http://www.emdrtech.com) website.

## Warranty

The main device and tactile boxes of the set are covered by a one year limited warranty. The warranty period begins on the invoice date. Please keep a copy of your invoice and service documents to provide as requested for warranty purposes.

Conditions not covered by the warranty:

1. Wear and tear caused by aging or standart utilisation, by innappropriate transportations, defects or damage caused by misuse of the product, any use contrary to the operating instructions supplied with the device.
2. The warranty does not cover defects arising out of or allegedly caused by the use of the device in conjunction with or in connection with products, accessories, software and/or services not manufactured or supplied by the supplier.
3. Devices that have been replaced with unboxed parts and unapproved parts by unauthorized persons for service, repair operations or other reasons are not covered by the warranty.
4. Corrosion or oxidation of the device caused by exposure to environmental conditions or rapid changes in these conditions by excessive humidity, hot steam or extreme temperatures, or from contact such as spillage of food or liquid.
5. Devices that are found to be defective due to incorrect voltage adapters or poor quality powerbank uses or chemical discharges from powerbank/battery are excluded from the warranty.